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"A TASTE OF CALABRIA" 2023 ITINERARY

September 12-17, 2023



Day 1 - Arrival in Tropea

Benvenuti a **Tropea!**

After arriving in Tropea via private transfer from **Lamezia Terme** and checking into your accommodations at the **Villa Vittoria**, a brief travel briefing and aperitivo will be held so that you can meet your fellow travelers and **Angela & Catia**, your expert guides.

Tropea is a true Calabrian gem, with white sandy beaches, towering cliffs, crystal blue waters and unique food. Last year it was named the **most beautiful village in Italy** by the **Borghi Più Belli d'Italia** association, and for good reason.

Dinner at one of our favorite, **local seafood restaurants**. It's just a short walk from the hotel, and perched right on top of the **stunning cliffs** overlooking the sea. Try to catch the sunset there!

Return to the hotel.



Day 2 - In Vino Veritas

Breakfast at the hotel.

By private transfer, the group will travel to a local **Monte Poro** winery: **Casa Comerci**. Here you will, of course, taste the delicious **local wine** while learning about its cultivation and production.

The secret behind Casa Comerci is that, not only do they make some of our favorite Calabrian wine, they also cook some of **the best food we've ever eaten!** You'll have a chance to try it for yourself with a big lunch together.

Return to Tropea, with some free time to digest. Don't wander too far, though! In the evening, you'll be taken on a **sunset boat tour** (and **aperitivo!**) to see the stunning **Costa Degli Dei: The Coast of the Gods** from the sea.

Return to the hotel.

Day 3 - Meet Harper & Eva in Dasà!

Breakfast at the hotel.

This is personally our favorite day, because **we get to meet you in person!** You'll travel by private transfer to Eva's hometown of **Dasà** where she will teach you how to make **fresh homemade pasta**.

After a brief **walking tour** of the village, we'll reconvene for lunch so that we can eat the delicious pasta we made together! Eva's family and friends will cook and prepare a host of southern specialties they're eager to share, such as **fried zucchini flowers, 'nduja, ragù, Mamma Rosa's meatballs and eggplants, local cheeses and salami, "nacatole," almond cookies**, and more!

Return to the hotel.



Day 4 - The North of the South

Breakfast at the hotel.

After checking out of the Villa Vittoria, the group will be taken to the **National Pollino Mountain Park**, where you will enjoy a **wine tasting and light lunch** at the **Magna Graecia Vini Vineyard** to sample the viticulture of **mountainous northern Calabria**.

In nearby **Morano**, you will check into **La Locanda Del Parco**, a stunningly beautiful agritourism farm. It's a guest favorite, for good reason! After getting settled in, the group will spend the afternoon exploring the **medieval village** of Morano. Keep an eye out for the **Norman castle!**

Return to La Locanda Del Parco for a dinner made from the **incredible, fresh on-site produce**.

Day 5 - Albanian Mysteries

Breakfast at the hotel.

You will spend the day visiting **Civita**, one of the unique **Albanian communities** in Italy. For over 600 years, the **Arbresche** people who inhabit this stunningly beautiful land have been perfecting their unique cuisine.

At **Ristorante Kamastra** you will learn how to make **Dromsa**, one of the most unusual and magical types of pasta in Italy, before enjoying a lunch together.

Return to the hotel for dinner.



Day 6 - Arrivederci!

Breakfast in the hotel, and departure by private transfer for **Lamezia Terme airport & train station**. A presto!

INCLUDED

- Private transportation to/from all activities and destinations as noted in the itinerary
- Hotel accommodation for 5 nights
- Treatment as per the itinerary, with meals where indicated
- Visits, excursions and attractions as per the itinerary
- Workshops, cooking classes and tastings as per the itinerary
- Local tourist tax
- Medical/baggage/cancellation insurance

NOT INCLUDED

- Airfare
- Initial transportation to Lamezia Terme airport/train station
- Personal extras
- Anything not expressly listed in the inclusions

ACCOMODATIONS

Tropea:

The **Villa Vittoria Bed & Breakfast** is located in the heart of Tropea, a few steps from the central square of the town, the historic center and the beach. It is a noble Art Nouveau villa with a rich history. The Villa has a beautiful common garden, offering a welcoming relaxation area for your holiday.

Morano:

Surrounded by nature, **La Locanda del Parco** is the ideal place for those who want to rediscover past traditions. The agritourism farm offers large, comfortable rooms and suites, and a beautiful view of the surrounding Pollino mountain chain.

FREQUENTLY ASKED QUESTIONS

Who is this tour for?

This tour is for adventurous travelers who want to try new food and see a side of southern Italy off the beaten path! We created this trip to share our favorite Calabrian experiences that most tourists will never have the opportunity to find on their own. It's also great for those who want a taste of the **Pasta Grammar Tour** experience, but who maybe don't have time for the full deal or want to use some of their precious vacation time to explore other regions as well.

Who is this tour NOT for?

This tour is not for someone who is looking for a postcard experience. Southern Italy isn't a resort in Venice! There is nothing wrong with wanting the latter, but this tour is more like a safari for adventurers who wish to see (and taste!) Italy through the eyes of locals.

I have an allergy or dietary restriction, can I still join?

Let us know what your needs are and we will be happy to do everything we can to accommodate you! We have hosted guests with a wide range of dietary requirements without any trouble.

How much walking will there be?

Italy, like so many European countries, is very walking-focused. Many of the streets in the cities and villages we will visit are inaccessible to buses and we will often need to walk a few blocks to reach our ultimate destinations. Don't expect hiking, but do expect to traverse cobblestone streets.

Will my cell phone work in Italy?

Most of our guests choose to use international roaming plans provided by their domestic carriers, but it's also very easy to acquire a [temporary, local SIM card](#) for your trip. They are widely available for purchase upon arrival in Italy.

I would like to stay in Italy longer! Can you help?

Yes! Our partner, Angela Donato, is the best travel agent this side of the Alps and can help you to extend your trip in Italy. Let us know what kind of plans you would like to make and she can advise further.

Can you help me book my transportation?

Yes again! See the above question; Angela the Travel Angel is here to help!

Will I be able to do laundry during the trip?

In Tropea, the hotel is located just steps away from an excellent and affordable laundromat. You can drop off your clothes and they will usually be ready for pick-up within a day.

Can I bring food home from Italy?

We rarely encounter a guest who doesn't bring a treasure trove of Italian goodies home! In fact, many purchase extra suitcases during the trip for this purpose. Check the specific laws regarding transporting food. The general guidelines for the United States of America prohibits transporting meat or fresh produce. Cheese, pasta, olive oil and wine are fine!

What happens if the trip is canceled or I cannot join due to COVID-19?

See our COVID-19 policy below.

PRICE	
Price Per Person - Shared Double Room Occupancy	\$3080
Price Per Person - Single Room Occupancy	\$3580

The itinerary is subject to change due to weather and other unforeseen events.

RESERVATIONS:

For reservations, send an email to angeladonato@sognareinsiemeviaggi.com indicating: first and last name, telephone number, and desired number of guests.

PAYMENT POLICY:

A 25% non-refundable deposit will be collected at the time of booking. The remainder of the payment will be due 45 days before the first day of the tour. Payment will be accepted through bank transfer or with major credit cards. Cancellations made within 45 days of the tour cannot be refunded. Commencement of the tour is dependent on the number of reservations sold; full refunds will be issued in the event of under-booking.

COVID POLICY:

Up-to-date information on Italian travel regulations can be found here:

<https://www.esteri.it/mae/en/ministero/normativaonline/decreto-iorestoacasa-domande-frequenti/focus-cittadini-italiani-in-rientro-dall-estero-e-cittadini-stranieri-in-italia.html>

It is your responsibility to determine and abide by the specific restrictions for your country of origin and the travel requirements of your chosen airline.

In the event that the tour cannot commence during the given dates due to regulatory changes pertaining to COVID-19, guests will be issued a voucher for a rescheduled tour. If an individual guest cannot join the tour due to changes in regulation or contraction of COVID-19, the included travel insurance will cover a full refund.