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"A WEEK WITH PASTA GRAMMAR IN DASA" ITINERARY

Dates: April 23 - April 29



Come spend a food-filled week with us in Eva's hometown: Dasà! A small village in the mountains of Calabria, Dasà is an ideal place to experience rural Italy as a local. During this week we will learn about the regional food, cook together, interact with the locals, and experience southern Italian life in a truly unique way.

Dasà is far from a touristy place: be forewarned that there are no restaurants, shopping centers, or hotels. What there is, however, is an abundance of amazing food and culture that only the locals (and you!) can fully experience.

This week-long immersion is not for everyone, but if you're adventurous and want to experience Italy as almost no outsider can ever hope to, consider joining us!

Day 1 - Benvenuto!

Pickup at **Lamezia Airport** in Calabria, with private transportation to **Dasà**. Check in to your accommodations in private apartments housing 2-4 guests. All single guests/couples will have a private room and bathroom, wifi, and a shared kitchen stocked with cooking essentials for your stay.

In the evening, we will share a **welcome dinner** prepared by the locals, who are very excited to meet you!

Day 2 - Picnic

In the morning, we will go on a brief walking tour of Dasà so that you can become acquainted with the village!

For lunch, we will visit a local **olive grove** (where there are some trees that over 1000 years-old!) to share a traditional Calabrian picnic. We'll taste local specialties like **pasta al forno**, **salami**, **cheeses**, **olives** and more!

Day 3 - San Lorenzo Feast

This day marks the "**Feast of San Lorenzo**." To celebrate, we will visit the hilltop church of San Lorenzo which overlooks the village from a beautiful park. Here we will cook and eat with the locals of Dasà to experience a classic saint's day feast.

Be prepared for lots of food, music and dancing!

Day 4 - Pasta Making

Eva and some local friends/family will teach us all how to make the most typical regional pasta: **fileja** or, as it's known in Dasà, **maccarruna**. Then, we will work together to prepare a meal using our own handmade pasta!

Day 5 - Fritto Misto alla Calabrese

Calabrian food is often fried, so this day is dedicated to the art of frying! Together we will learn how to make **curujicchi** (savory potato donuts), **nacatole** (fried cookies), **fried artichokes**, and **fried wine “ravioli,”** and other fried Calabrian delicacies. Depending on the seasonal harvest, maybe we’ll be lucky enough to try **fried zucchini blossoms!**

Day 6 - Ricotta

In the morning, we will visit a local farmer to learn the art of making **fresh ricotta**. If you’ve never had **sheep ricotta** before, you’re in for a real treat!

In the evening, we’ll share a final, celebratory dinner with the locals. Be prepared to dine in rural style, seated on hay bales and eating from traditional terracotta dinnerware. This is how Calabrians have eaten for generations and generations, and the people of Dasà can’t wait to welcome you into their tradition!

Day 7 - Arrivederci!

Private transfer to Lamezia Airport for departure. Arrivederci!

INCLUDED

- Transportation from the airport to Dasà and back
- accommodation in apartment as per programme f
- Activities as per the itinerary, with meals where indicated*
- Workshops, cooking classes and tastings as per the itinerary
- Travel/medical insurance

NOT INCLUDED

- Airfare
- Personal extras
- Anything not expressly listed in the inclusions

PRICE	
Price Per Person	\$1980

The itinerary is subject to change due to weather and other unforeseen events.

RESERVATIONS:

For reservations, send an email to angeladonato@sognareinsiemeviaggi.com indicating: first and last name, telephone number, and desired number of guests.

PAYMENT POLICY:

A 25% non-refundable deposit will be collected at the time of booking. The remainder of the payment will be due 45 days before the first day of the tour. Commencement of the tour is dependent on the number of reservations sold; full refunds will be issued in the event of under-booking. Payment will be accepted through bank transfer or with major credit cards.

COVID POLICY:

Up-to-date information on Italian travel regulations can be found here:
<https://www.esteri.it/mae/en/ministero/normativaonline/decreto-iorestoacasa-domande-frequenti/focus-cittadini-italiani-in-rientro-dall-estero-e-cittadini-stranieri-in-italia.html>

It is your responsibility to determine and abide by the specific restrictions for your country of origin and the travel requirements of your chosen airline.

In the event that the tour cannot commence during the given dates due to regulatory changes pertaining to COVID-19, guests will be issued a voucher for a rescheduled tour. If an individual guest cannot join the tour due to changes in regulation or contraction of COVID-19, the included travel insurance will cover a full refund.